



MERCYHURST

UNIVERSITY

MUNICIPAL POLICE TRAINING ACADEMY

5999 State Route 89
P.O. Box 246
North East, PA 16428

814-725-6121
policeacademy.mercyhurst.edu

1. **Attend information session.**
2. Dates are posted at policeacademy.mercyhurst.edu and on the last page of this document.
3. **Successfully complete the Mercyhurst University application process.**
 - a. Apply to Mercyhurst University at apply.mercyhurst.edu/. All cadets are considered full-time students of the university. If you are not registered or cannot be registered for any reason, you may not be accepted into the academy class.
 - b. Complete the **Free Application for Federal Student Aid (FASFA)** at studentaid.gov. All students are required to submit this application whether you are seeking financial aid or not.
 - c. Request high school transcript through guidance office to be mailed to:

Mercyhurst University Admissions
501 East 38th Street
Erie, PA 16546
 - d. GEDs can be requested online at www.diplomasender.com.
 - e. If you have attended college, you must supply each college transcript as well.
 - f. If you are a **veteran** and plan on using any military benefit, you must submit your DD-214 and Letter of Eligibility.
 - g. Complete online Police Academy application at go.mercyhurst.edu/register/Municipal.
4. **Successfully complete the Nelson-Denny Reading Test.**
 - a. The Nelson-Denny reading test is a standardized test that measures the reading ability of high school and college students. The Nelson-Denny includes two parts: vocabulary and comprehension. The first part of the test, vocabulary, is made up of 80-100 multiple-choice items, each with five response options. The time allowed for this part of the exam is 15 minutes. The second part, comprehension, requires students to read 5-8 passages and to respond to 36-38 multiple-choice questions based on the content of those passages. The time allowed for this part of the exam is 20 minutes.
5. **Successfully complete physical fitness test battery (see below).**
6. **Successfully complete MMPI-2.**
 - a. It is recommended you make your appointment on a date after your scheduled physical assessment.
 - b. The original Minnesota Multiphasic Personality Inventory (MMPI) was published in 1940 and the second revised version—the MMPI-2—was published in 1989. It is the most widely used psychometric test for measuring adult psychopathology in the world. The MMPI-2 is used in mental health, medical, and employment settings.

Dr. Richard Sekula, 2545 West 26 Street, Erie, PA 16509, 814-397-6077
7. **Successfully pass medical physical examination by a licensed MD, DO, NP, or PA and meet legislated standards.**

You will be supplied with the standardized form. It **MUST** be completed properly and signed by the physician and applicant.



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8. Successfully complete a 10-panel drug screen.

- a. A **10-panel drug screen** is often administered to test employees of law enforcement and occupational medicine, as well as to examine if a person on legal probation is violating the terms of that probation. Further, many civil servants are required to pass a 10-panel drug screen, particularly if their job entails dangerous work or work where the employee is responsible for the safety of others. A **standard 10-panel drug urine test** typically looks for cocaine, marijuana, PCP, amphetamines, opiates, benzodiazepines, barbiturates, methadone, propoxyphene, and Quaaludes.

b. Instructions for 10-panel drug screen:

Request a 10-panel drug screen to be completed at the below location. After you receive the results in the mail, you are responsible for submitting them to the Police Academy.

Location of drug screening:

Saint Vincent Occupational Health Center

2501 West 12th Street

Erie, PA 16505

814-452-7879

Monday-Friday, 7 a.m.-5p.m., no appointment necessary

Cost is \$45, payable by cash, check, or credit card

Veterans may be eligible for free drug screening at the VA Medical Center.

9. Successfully demonstrate no disqualifying criminal or driving history: epatch.state.pa.us/

10. Have current driver's license and supply official driving record: apps.pa.egov.com/idr

11. Demonstrate United States Citizenship.

- a. Two forms of identification. Most common are:
 - i. Valid Driver's License
 - ii. Social Security Card
 - iii. Passport

12. Demonstrate proper demeanor and attitude in a personal interview with academy staff.

13. Forward all electronic copies of the above information to policeacademy@mercyhurst.edu.



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Physical Fitness Test Battery Protocols and Guidelines

Police officers in the Commonwealth of Pennsylvania need to be concerned about physical fitness and health. Physical fitness and health affects:

- A. Ability of police officers to perform essential functions of the job.
- B. The risk of an officer using excessive force in certain situations.
- C. The risks to an officer's health associated with a career in law enforcement.
- D. Legal considerations related to litigation and court challenges.

The Fitness Test Batteries required of applicants and cadets measure the following areas of physical conditioning that affect police officers.

- | | |
|------------------|--------------------------------------|
| A. Sit-ups | Muscular Endurance (abdominal) |
| B. 300 Meter Run | Anaerobic Power (sprinting ability) |
| C. Push-ups | Muscular Strength (upper body) |
| D. 1.5 Mile Run | Aerobic Capacity (cardiorespiratory) |

MPOETC uses the Cooper Health-Based norms and Cooper Health-Based protocols for assessing and testing cadets' physical fitness levels. Two different tests are given, one to applicants prior to enrollment and one to cadets prior to graduation from the academy. Both are designed to measure the cumulative effect on the cadet and therefore each complete test battery must be given at one time, on a single day, exactly as outlined below within established protocols.

Due to the cumulative nature of the test battery, each event must be successfully completed with at least the minimum score before the next event can be attempted. If an individual does not successfully meet the required minimum standard in any event of a fitness battery, the test is immediately terminated, and no other events can be attempted at that time.

By regulation, an applicant must successfully complete the Entrance Fitness Test Battery for enrollment in the police academy.

Based on Title 37 § 203.11, Qualifications, MPOETC requires each applicant to achieve a 30th percentile (Cooper standards) in each listed event of the Fitness Test Battery, in the order indicated, prior to being enrolled in a police academy:

- A. 300 Meter Run
- B. One (1) Minute Push-ups
- C. One (1) Minute Sit-Ups
- D. 1.5 Mile Run



FITNESS TEST REQUIREMENTS

	Male Standards						Female Standards			
Age	20-29	30-39	40-49	50-59			20-29	30-39	40-49	50-59
1 Minute Sit-up										
30th	35	32	27	21			30	22	17	12
300 Meter Run										
30th	62.1	63	77	87			75	82	106.7	
1 Minute Push-up										
30th	26	20	15	10			13	9	7	
1.5 Mile Run										
30th	13:08	13:44	14:34	15:50			15:46	16:42	17:29	19:10

Testing Order:

- 1 Minute Sit-up
- 300 Meter Run
- 1 Minute Push-up
- 1.5 Mile Run
- This is a cumulative test, and all events must be completed within two (2) hours.
- All applicants should be afforded a minimum rest time of five (5) minutes between events.
- If an applicant does not fall into one of the listed age categories, special authorization must be obtained from MPOETC before testing can be accomplished.
- Applicants are required to pass the Entrance Fitness Test with a score at the 30th percentile (chart above) in each event based on their age at the time of testing.
- If an applicant is unsuccessful in any event, testing is immediately ended (failure) and no other events can be attempted at that time.



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Information/Application Sessions for Police Academy Class 123 which begins Monday, Jan. 8, 2024.

- Wednesday, Sept. 13, at 6 p.m.
- Wednesday, Sept. 20, at 1 p.m.
- Wednesday, Sept. 27, at 6 p.m.
- Wednesday, Oct. 4, at 1 p.m.
- Wednesday, Oct. 18, at 6 p.m.
- Wednesday, Oct. 25, at 1 p.m.
- Wednesday, Nov. 1, at 6 p.m.
- Wednesday, Nov. 15, at 1 p.m.

All sessions to be conducted at the **Municipal Police Training Academy**, located on Route 89 just north of Interstate 90. The physical address is 5999 State Route 89, North East, PA 16428.